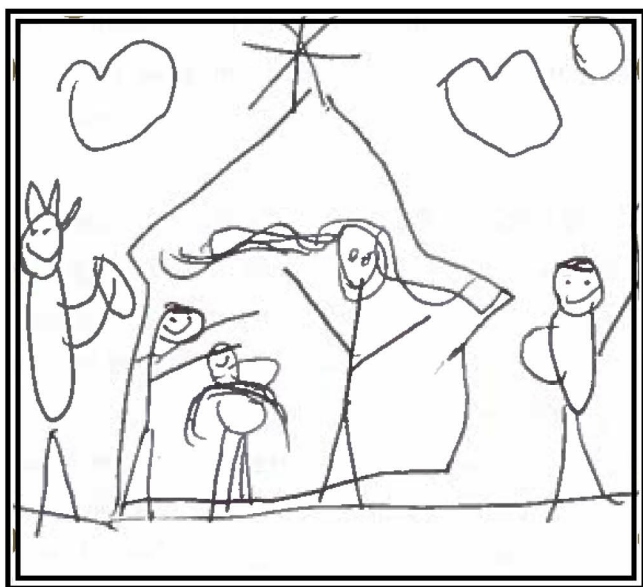


The Children's Worship Bulletin

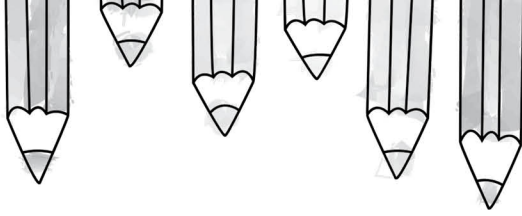
Trinity Presbyterian Church

January 13, 2019



Name: Campbell Cooper

Age: 7



Just a word from Mr. Mac

Claude E. McRoberts, III • Senior Minister

Dear Children,

Do you like to sleep?

That's a funny question because as you get older you will find out that we all sleep different over different times in our lives. You've heard of sleeping like a baby; well, babies sleep a lot and usually sleep very well. You probably sleep well, and when you become a teenager, your body will want to sleep even more! Then we go through periods in our lives when we don't need as much sleep ... until we get old!! Haha! My dad is 86 years old, and he sleeps from 8:30 at night until 7:30 in the morning; and he takes THREE naps during the day!!

Rest is good. It's good for our bodies.

But do you know what other kind of rest is good? Spiritual rest.

We use words like *resting in Jesus*. Or, *being at peace with our Father through Jesus*. Or, as the hymnwriter wrote: *I am resting, resting, in the joy of What Thou art. I am finding out the greatness of Thy loving heart!*

You'll have to listen carefully this morning as I list many ways we rest in Christ, as well as what resting looks like. I will also speak of the opposite of resting – being TOO BUSY!

And I plan to talk about Martha and Mary. You can read this story with your mom and dad in Luke 10:38-42.

I hope you are doing well, staying warm and healthy, and getting plenty of rest!!

Mr. Mac

Here are some things from my sermon about which you can talk to your mom and dad:

1. Read Luke 10:38-42. Discuss.
2. Make a list (as long as you can make it) of the benefits of Mary's life and example.
3. In what ways is your family like Martha? Or, who in your family is most like Martha? Who is most like Mary?
4. Does your family schedule as well as individual schedules allow you time to be alone with Jesus? Are there things that should be dropped because they are taking you away from time alone with your Father? Are things of the world pushing time with God away into a lesser priority? Honestly discuss these things as a couple but also as family.



Do you have a:

Prayer Request? Is there something you need prayer for?

Praise Report? Has God answered a prayer?

Is there anything else you would like Mr. Mac to know?

Mr. Mac wants to know!!

Please write to him here and place your message in his box.

Dear Mr. Mac,

Name: _____ Age: _____

**A Guide to Family Worship
January 14-19, 2019**

**THE SIMPLEST OUTLINE FOR FAMILY TIME EVER!!!
10 EASY STEPS**

- #1** Just make sure you gather once a day as a family.
- #2** Try really hard to make the same time every day.
- #3** It does not have to be long; it does not have to be perfect.
- #4** Read a Bible verse. Maybe a devotional.
- #5** Sing a song or two together.
- #6** Take prayer requests.
- #7** Pray. (Daddy, your children **NEED** to hear you pray.) Pray for the children; pray for missionaries; pray for Trinity Church; give thanks.
- #8** Everyone tell one thing they are thankful for.
- #9** Have a Leader of the Day: they get to read and/or pray and/or tell everyone to come gather and/or put out the Bibles/hymnals and/or tell something that happened to them that day.
- #10** Dad, pray this over your children: Numbers 6:24–26
The LORD bless you and keep you; the LORD make His face to shine upon you and be gracious to you; the LORD lift up His countenance upon you and give you peace.

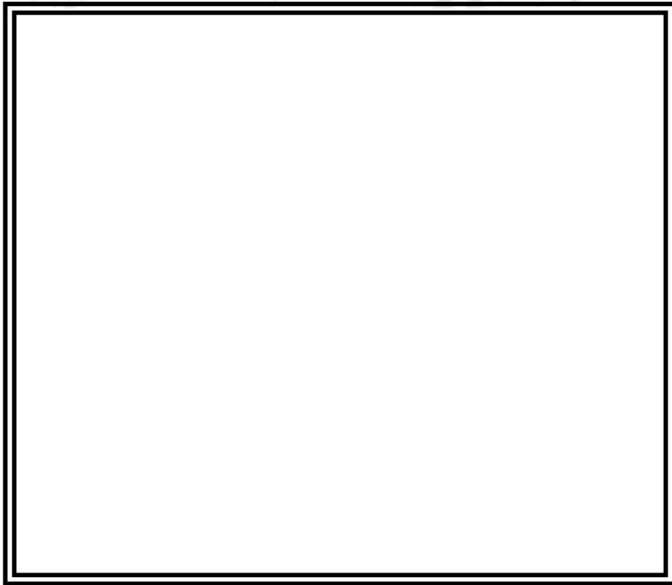
Sermon Art

Use this page to illustrate something that Mr. Mac preaches on during the sermon this morning!

This week's lesson is on
Isaiah 30:15; Luke 10:38-42

Want to see your artwork on
the FRONT PAGE?

Put your artwork in the Sermon Art mailbox in the church office (bottom left hand side).



Name: _____

Age: _____

“And He said to them,
‘Go into all the world
and proclaim the gospel
to the whole creation.’”
Mark 16:15

Meet Our Missionaries!



Meet Tracy and Joy with Mission to the World in the Middle East

Tracy and Joy serve with a team of missionaries in the Middle East. This is the part of the world where Jesus lived and where the first Christians were. Today there is a lot of fighting between countries and inside countries because many people don't worship the true and living God.

Tracy and Joy lived there for many years so they know the languages and people very well. Now, they live in the United States, but travel back and forth frequently to that part of the world. They are working to create a presbytery of churches in three countries. Tracy also trains pastors and church leaders through a new seminary, and he works with a network of Christian denominations to build unity and cooperation so Christians will be known by their love for one another. They will visit Trinity Church on Wednesday, January 16.

Music and Hymns

#498 "Jesus! What a Friend for Sinners!"

Jesus is the perfect friend! He is always there to listen when you need someone to talk to, He loves you no matter what, He doesn't judge you or think less of you, and He is always willing to help! Verse 1 says "...friends may fail me, foes assail me, He, my Savior, makes me whole." Sometimes earthly friends can really hurt us. Unfortunately, friends come and go, but Jesus will never leave us and will never hurt us. Don't rely on your friends to make you happy, rely on Jesus and make Him your best friend! "Hallelujah! what a Savior! Hallelujah! what s friend!.... He is with me to the end."

#689 "Be Still, My Soul"

Have you ever gone through a hard time and you didn't know what to do or where to turn? This hymn reminds us to be still and know that God will take care of everything. He is the one Who rules the waves and the wind. He tells everything what to do and He created everything. He has a plan for your life, even when your own plans don't go the way you think they should. Proverbs 16:9 says, "The heart of man plans his way, but the Lord establishes his steps." Trust God and rest in Him during times of sadness. He loves you; be still and rest in Him.

**"Let us fix our eyes on Jesus,
the author and perfecter of our faith."
Hebrews 12:2**



TRINITY PRESBYTERIAN CHURCH

children's ministry

1728 South Hull Street

Montgomery, Alabama 36104

www.trinitypca.org

Jesus loves: