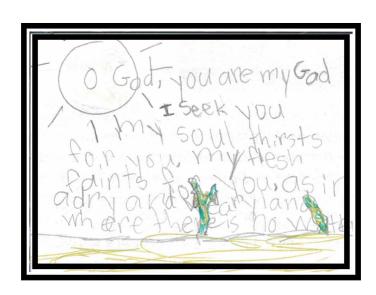
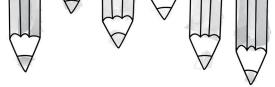


Trinity Presbyterian Church

July 19, 2020



Name: Lottie Smith Age: 8



Just a word from Mr. Mac

Claude E. McRoberts, III • Senior Minister

Dear Children,

One day I was swimming at the beach. I was 18 or 19 years old. I've never been a very strong swimmer, and I was swimming with two buddies of mine who were very strong swimmers. Both of them (brothers) were life-guards.

Well, we kept going out further and further, and all of a sudden I began to realize I couldn't get back to shore. The current was pulling me out. And I began to panic. I really was scared.

The first thing my friend told me to do was not to panic. He told me to relax, and that he would tell me when to swim hard and when to lighten up and let the current do the work.

It seems like it took hours, but I'm sure it was only minutes. But I did truly fear for my life. I've always told that friend, "You saved my life that day."

The Psalmist in Psalm 69 is talking about being overwhelmed, and he likens it to water coming over his head... as if he's drowning. And He cries out to God!

That is what Psalm 69 is: a good example of a simple prayer: "God, help me!"

That's a great prayer, isn't it? "God, help me." I know I pray it a lot. You probably do too.

I love you,

Mr. Mac

Suggested Questions for Mom and Dad to Use this Week:

- 1. Why did Jesus have to suffer? Do you find it comforting that He suffered for you? In what ways can this help you in your own suffering?
- 2. Why did David's enemies hate him? Why did Jesus' enemies hate Him? Why did Jesus say that the world will hate us?
- 3. How does the Spirit help us in our weakness in prayer? See Romans 8:26-27
- 4. What did Amy Carmichael mean when she said, "Our waters are shallow because His were deep"?
- 5. Have you ever been persecuted for standing up for Jesus? (Mom or Dad, will you share with your family a time or two when you have been persecuted.)
- 6. Don't you think if Jesus would be loving and forgiving of us, we should be loving and forgiving toward others? Are you loving and forgiving toward your family? your sisters? your brothers? your friends? your church?
- 7. Discuss: It is only by the mercy and grace of God that I am saved.



Do you have a: Prayer Request? Is there something you need prayer for? Praise Report? Has God answered a prayer?

Is there anything else you would like Mr. Mac to know?

Mr. Mac wants to know!!

Please write to him here and place your message in his box.

Dear	Mr.	Mac,	
Name:		Δσε·	

A Guide to Family Worship July 20 - July 25

THE SIMPLEST OUTLINE FOR FAMILY TIME EVER!!! 10 EASY STEPS

Just make sure you gather once a day as a family.

#1

peace.

#2 Try really hard to make the same time every day. #3 It does not have to be long; it does not have to be perfect. Read a Bible verse. Maybe a devotional. #4 #5 Sing a song or two together. #6 Take prayer requests. #7 Pray. (Daddy, your children NEED to hear you pray.) Pray for the children; pray for missionaries; pray for Trinity Church; give thanks. Everyone tell one thing they are thankful for. #8 Have a Leader of the <u>Day:</u> they get to read and/or pray and/ #9 or tell everyone to come gather and/or put out the Bibles/ hymnals and/or tell something that happened to them that day. #10 Dad, pray this over your children: Numbers 6:24–26 The LORD bless you and keep you; the LORD make His face to shine upon you and be gracious to you: the LORD lift up His countenance upon you and give you

Sermon Art

Use this page to illustrate something that Mr. Mac preaches on during the sermon this morning!

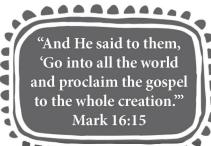
This week's lesson is on

Want to see your artwork on the FRONT PAGE?

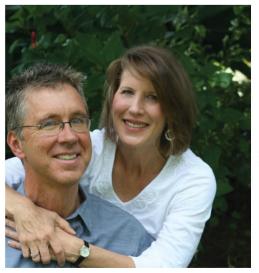
Put your artwork in the Sermon Art mailbox in the church office (bottom left hand side).

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Name:



Meet Our Missionaries!



Steve and Sherri Letchford

SIM - AIC Kijabe Hospital, Kenya

Steve and Sherri Letchford left the US in 1998 under SIM International to serve in remote Zambia for eight years. In 2006, they relocated to Kenya at AIC Kijabe Hospital which is a ministry of the Africa Inland Church (AIC). Steve is a physician specializing in Internal Medicine and Pediatrics and Sheri is a physical therapist. For the past 17 years their ministry focus has been to disciple, mentor, and train Christian African healthcare professionals to show Christ's love and grace to those who don't know Him, through compassionate and loving healthcare. Prior to joining SIM, Steve began a private practice in Augusta, GA, while Sherri worked part-time in an outpatient pediatric PT clinic. For seven years now, Steve has spearheaded an IT project to build and design software to use in church hospitals across Africa and in other developing countries worldwide. Sheri now serves as Department Head of the Physiotherapy team and Director of Allied Health for Kijabe Hospital.

Music and Hymns

#53 "Praise to the Lord, the Almighty"

This hymn is so encouraging! The Lord blesses us with so many things. He is our health and salvation, He shelters us, He grants our desires, He prospers our work, He defends us, He made us, He guides us, He gives us relief.

Thank Him with praise and adoration!

"He Lives"

This hymn is not in the *Trinity Hymnal*, but it is a favorite of many. Composed in 1933 by Alfred Henry Ackley, this hymn states that Jesus Christ is alive today and that He lives within our hearts. This is a foundational truth for all believers. Galatians 2:20 states, "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me." If you are a believer in Christ, He lives within you by the power of His Holy Spirit!

"Do you not know that you are God's temple and that God's

Spirit dwells in you?."

I Corinthians 3:16



children's ministry

TRINITY PRESBYTERIAN CHURCH

Montgomery, Alabama 36104 1728 South Hull Street www.trinitypca.org

Jesus loves: