

**FINDING FREEDOM**

*Free From Others*

“The fear of man lays a snare, but whoever trusts in the LORD is safe”  
(Proverbs 29:25).

“I—yes, I—am the one who comforts you. Who are you, that you are so afraid of humans who will die, descendants of mere men, who have been made like grass?  
Isaiah 51:12

The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid? Psalm 27:1

We can confidently say, “The Lord is my helper; I will not be afraid. What can anyone do to me?” Hebrews 13:6 (See also Psalm 118:5-9; Psalm 56:4; Psalm 56:10-11; Romans 8:31)

“Hear me, you who know what is right, you people who have taken my instruction to heart: Do not fear the reproach of mere mortals or be terrified by their insults.  
Isaiah 51:7

**The Prison of Dependence**

Am I saying this now to win the approval of people or God? Am I trying to please people? If I were still trying to please people, I would not be Christ’s servant.  
Galatians 1:10

- Compliance
- Controlling
- Avoidance
- Low self-esteem

- \_\_\_\_\_

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.  
Psalm 139: 23-24

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**The Prison of Deification**

The Plague of \_\_\_\_\_

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**The Prison of Unforgiveness**

Four categories, different types of sin.

- \_\_\_\_\_
- Offenses we are \_\_\_\_\_ of
- Offenses we are \_\_\_\_\_ of
- Offenses that are so \_\_\_\_\_ we can't imagine forgiving

\_\_\_\_\_, I need forgiveness, too.

\_\_\_\_\_ on the real enemy.

\_\_\_\_\_ God's love.

**The Prison of Boundaries**

**Prayer**

Almighty God, I confess and renounce and repent of my bitterness, resentment, retaliation, hatred, unforgiveness towards others who have hurt me or manipulated or controlled me. I also repent for participating in the fear of man, the fear of rejection, sinful dependence on others, improper affections toward others, fear of rejection, fear of man, fear of being alone, self-pity, false burden bearing, lack of trust in You, insecurity and putting expectations on another person to meet my need. I confess all of these and receive your forgiveness. Grant that as I walk in the freedom of Christ I may be freed from bondage to others in order that I may truly love them, as You have loved me.

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