

WHEN ABBA’S CHILD RESTS

The Comfort of Abiding in Christ Alone

Isaiah 30:15 ; Luke 10:38-42



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INTRODUCTION

I. MARY HAD CHOSEN WHAT WAS BETTER ~ Luke 10:42

II. MARTHA WAS WORRIED AND ANXIOUS ABOUT MANY THINGS ~ Luke 10:40

III. MARY SAT AT HIS FEET AND LISTENED ~ Luke 10:39; cf. Isaiah 30:15b

IV. MARTHA WAS DISTRACTED, ANXIOUS AND TROUBLED ABOUT MANY THINGS ~ Luke 10:40-41

CONCLUSION

WHAT IS RESTING?

1. **Returning and resting** would be our way of saying **repenting and exercising faith** ... you shall be saved. COMFORTED by the fact that I am ABIDING in this One before Whom I sit and love and worship.

- > “The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.” (Mark 1:15)
- > The man born blind whom Jesus healed and asked him, “Do you believe?” He said, “Lord, I believe,” and he worshiped Him. (John 9:38)
- > Paul and Silas evangelizing the jailer after the earthquake – just prior to the earthquake, Paul and Silas, having been beaten, were singing hymns in the jail cell – Then he brought them out and said, “Sirs, what must I do to be saved?” And they said, “Believe in the Lord Jesus, and you will be saved, you and your household.” (Acts 16:30-31)

2. Rest IS **peace** – resting in Another always ends in peace.

3. Rest is **relinquishing ALL I am** – my rights, my works, my life.

4. Rest IS knowing He has never forsaken you or let you down.

5. Rest is **joy unspeakable**.

6. Rest IS *moving at God's pace doing God's will*.

7. Rest is **Sabbath**. Sabbath is when my time and God's time intersect.

8. Rest is when I finally ascertain what it is in my life that cannot be hurried.

9. Rest is a **sign of spiritual growth** – when one can treasure, ponder – taking time to grow in wisdom and stature and in favor with God and man.

10. Rest is expressed via: • Faith • Prayer • Worship • Singing • Calm • Trust

• Knowing He loves you, protects you, provides for you, takes care of you, forgives you, doesn't hold a grudge against you, provides new mercies morning, after morning, after morning, lavishes grace on you, sent His Son for you, fills up your cup to overflowing, and you know goodness and mercy are following you all the days of your life, and He is your Shepherd Who promises you eternal rest!

11. Rest is **SILENCE**.

12. Rest is the **quieting of your soul**.